

## Sports

Children should play more sport. Sport is important for kids of all ages.

Playing sports helps children stay fit and healthy. Lots of kids don't get enough exercise. Sport is a great way to get kids moving while having fun. People who don't exercise much as children often lead unhealthy lives as they grow older. By getting young people involved in sport, we can help people to be healthy for the rest of their lives.

Playing sport is also a wonderful way for children to develop their social skills. Sport teaches children to be more confident. They learn to interact with a range of different people, including children and adults. Above all, sport encourages children to make new friends. Sport is an important gift that we must give our children.

Teamwork is a very important life skill. Playing a team sport teaches kids how to work together. Sports like soccer, football and basketball



are great at teaching these skills. Playing team sports encourages children to work together towards a common goal. Sport is the perfect way for children to learn teamwork skills.

Children must play more sport. Let's turn off the T.V. and get moving!

## Task A

1. What is the purpose of this text?  
\_\_\_\_\_
2. What sports does the author suggest are good for teaching teamwork skills?  
\_\_\_\_\_
3. List 3 reasons the author says sport is important for kids.  
\_\_\_\_\_
4. Which word from the text means 'advance'?  
\_\_\_\_\_
5. Why does the author say, 'Let's turn off the T.V.'?  
\_\_\_\_\_
6. Do you agree that it is good for kids to play sport? Explain.  
\_\_\_\_\_  
\_\_\_\_\_

## Task B

The author tries to make the reader feel positively about children playing sports.

For example: 'Sports is a **great** way...'

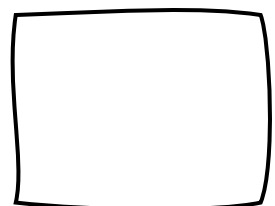
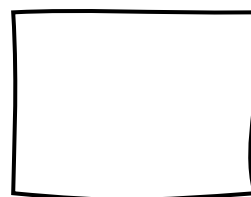
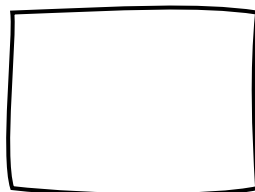
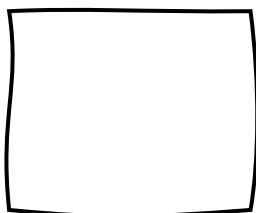
Make a list of words and phrases the author has used to make the reader feel positively about children playing sports.

## Task C

**Compound words** are two or more words that have been joined to make a new word. Eg. **football**.

Join words below to make **4 compound words**. Draw!

sun      ball      berry      bow      straw      flower      rain      basket



## Challenge!

Design a poster that persuades kids to be more active.